



RHINELAND OPEN MASTERS SWIMMING CHAMPIONSHIP, 23 to 24 June  
2007 at Meisenheim, Germany

Meeting: **Rhine country championships the Masters**  
Organizer: **Swimming federation Rhine country registered association.**  
Aligner: **SFC close valley 05 registered association.**  
Rolf Stahl  
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Match place: **Open-air swimming pool Meisenheim  
Meisenheim**  
Table: **50 meters**  
Lanes: **6**  
Water temperature: **26 °C**

Date: **23.06.2006 – 24.06.2006**  
Time measurement:

Organizer: Swimming federation Rhine country registered association.  
**Conducted by: SFC Nahetal 05 e.V.**

1 <sup>st</sup> Session, Saturday, 23.06.2007	Enter pool: 09:00 hrs, Start 10:00 hrs.
2 <sup>nd</sup> Session, Saturday, 23.06.2007	Starts 1 hour after end of the 1 <sup>st</sup> Session.
3 <sup>rd</sup> Session, Sunday, 24.06.2007	Enter pool: 09:00 hrs, Start 10:00 hrs.
4 <sup>th</sup> Session, Sunday, 24.06.2007	Starts 1 hour after end of the 3 <sup>rd</sup> Session

#### General Rules:

1. Competition Rules: the Standard Competition Rules, legal orders (RO) and the Anti-doping regulations (ADB) of the German swimming federation (DSV), are applicable.
2. All Masters Swimmers who are members of International and National Swimming Associations are eligible to participate in the Open Rhineland Masters. Masters Swimmers participate only in those events marked "Masters". Qualifying times are not applicable for Masters Swimmers.
3. Competition site:- Outdoor swimming pool Meisenheim, in the Heimbach (on the B 420), 55599 Meisenheim. Length 50 m, 6 Lanes, with wave-block lane separators, 26°C water temperature.
4. Timing: Hand timing with certified stop watches.

5. Entry Forms: On official forms (DSV form 101) as well as registration list (DSV form 102) indicating the best times achieved from 01.07.2006.

The details for the relay entry must include first name, last name, year of birth, and the ID-Nr. of the swimmers, as well as the starting sequence order, and must be submitted to the referee prior to the start of the respective competitions.

Late Entries are not accepted after the closing date.

6. Registration address

Rolf Stahl, Talstrasse 3, 57580 Elben

mail: svr meisterschaften@rudolf-stahl.de

FAX: 02294-969-8144 (d) or 02747-911463 PC faxes (p)

Registration program CPS can be downloaded from 01.04.2007 on the Internet, at

<http://www.st-daaden-wissen.de/RLM2007.html> or [www.sfc-nahetal-05.de](http://www.sfc-nahetal-05.de)

Operating System WIN 3.11 or higher. The arrangement registration file DSV format 5 likewise can be retrieved from the web sites.

Also Entries can be submitted in the DSV format 5. These electronic forms should kindly be considered as preferable in all cases.

The Entries which do not correspond to the requirements of the WB or advertised requirements, are rejected.

7. Closing date:- Tuesday, 12th June, 2007 at 18.00 hrs. received at the specified Address. Late Entries are not accepted.

8. Registration Fee:- Individual Event:- 4.50 EUR, relay Entry 8.00 EUR; Jugendmehrkampf 15.00 EUR. The registration Fee is to be deposited at the latest by 19.06.2007, in the account of Michael Lang Nr. 100111000 at the Volksbank Hochwald eG (BLZ 585 647 88) with the instruction to transfer to „Rheinlandmeisterschaften 2007“and "association name" to transfer.

9. ENM: (Cash Penalty) An amount of double the registration Fee for not lining up at the start, non-achievement of the claimed timings, or Disqualification. Penalty is cancelled with not lining up at the start for ALL events. The ENM(fine) is also not raised if in the course of the competition the proof is presented in form of an expression from the swimmer's query of the Internet page of the DSV at a place to be ordered by the Schwimmwart. Besides, the timings must have been achieved after 01.07.2006. With MASTERS, no ENM(fine) is raised.

10. Results:- the quickest in time (female) or the quickest to time (male) of every discipline becomes a Rhineland Champion, occurs otherwise year evaluation (1990 till 1995). Masters according to the AK division after §152 WB. The point-best (she) or the point-best (he) of the Mehrkampfes (year in 1996 and 1997) become a Rheinland-Mehrkampfsieger.

11. Awards and winner's prizes:- medals for place 1 to 3 of the open category. medals for place 1 to 3 of the year category (1990 till 1995). Medallions for place 1 to 3 the Mehrkampfwertungen (1996 till 1997) overall result. Medals for place 1 to 3 of the relay competitions. Medals for place 1 to 3 of the masters (in the respective age groups)

Certificates for place 1 to 6 of the whole evaluation (open evaluation)  
Certificates for place 1 to 6 of the open class (1989 and older)  
Certificates for place 1 to 6 of the year evaluations (1990 till 1995)  
Certificates for place 1 to 6 the Mehrkampfwertungen (1996 till 1997) overall result  
Certificates for place 1 to 6 of the relay competitions  
Certificates for place 1 to 6 of the masters (in the respective age groups)

Medals and Certificates only with the achievement of the claimed times.

The winner's award ceremony is a component of the competition and takes place after announcement by the announcer.

12. A judge must be given to judge for Every 10 Starting entries, however, at most 4 per association. Announcements have to occur in particular under information of the license step and if necessary the application wish. The KR representative of the SVR decides on the application. The notable announcement of judges is necessary compelling with the delivery of the announcements. With non-position during the WK day a fee of 25.00 EUR per missing judge and segment is raised. If an association announces only masters, no judges are to be given.

13. Competition Fitness:- the competition fitness of the individual participants must be confirmed with a certificate. The last investigation may date back at the time of the delivery of the entry no longer than a year.

14. Start Rule:- all distances are conducted according to the one start rule (§125, paragraph 6).

15. Run division after registration times according to WB §121. With the competition numbers 27 and 28 at most 3 runs are admitted. Should more announcements be the federation coach decides with the help of the present top list on the participants. Perhaps the roads can be covered in the No. WK 27, 28 and 50 to 53 also twice. The relay competitions are combined according to number of entries. With the relay competitions of the masters becomes on the side lying compared with the start bridge from the water

According to Entry numbers, of the masters, the races of the male and female participants runs of the are combined.

16. Registration result / protocols

A registration result is not sent. To the announcing association becomes the entrance of her Announcement confirms. The associations are obliged, to the organizer e-mail To inform of address. The registration result becomes at the latest 4 days before competition beginning made available on the Internet. Besides the Results becomes after one adequate time after ending of the championship on the Internet page <http://www.st-daaden-wissen.de/publishes-RLM2007.html>

Paper results are not provided. Every association still receives in the same evening, at the latest, however, a day after the end of the competition a pdf file with the results to the given e-mail address sent.

The associations which need a printed protocol receive this against a fee of 10.00 EUR (to pay with the registration money) after the arrangement sent. Then this is to be applied with the announcement.

17. Liability for accidents, thefts and damages is taken over of every kind from the organizer and organizer no liability.

18. Mehrkampf the years in 1996 and 1997 deny a Mehrkampf consisting of 400 ms of free style, 200 ms of positions, 100 ms of free style or 100 ms of breast and 100 ms of back or 100 ms of crashing as well as 50 ms of crawl footwork. Three swimmers with the point-best achievements receive medals. Starts and finishes an active not all five Mehrkampfstrecken, his evaluation is cancelled. A single start is not possible. The first-placed (female) or the first-placed (male) of the year in 1996 and the year in 1997 become a Rheinland-Mehrkampfsiege

The purpose of 50 ms of crawl footwork is to put back 50 ms as fast as possible with crawl leg movements in the breast position.

The competition is begun from the water. With a hand the swimmer in the pelvic edge holds on, with the other hand a swimming board is held. The feet are on the start wall under the water surface. After the command „, ON THE PLACES if the start signal occurs. With the start signal the swimmers push off from the pelvic wall and they take the hand which was in the pelvic edge immediately forwards on the swimming board. The swimming board is to be held on during the whole competition distance including purpose poster with both hands. The competition is finished if the swimming board held with both hands touches the purpose wall.

19. Duty times

(Masters, Mehrkampf and relays without duty times)

Samstag, 23.06.2007			Pflichtzeiten						
1. Abschnitt									
W	Strecke	Masters	offen 1989 u. älter	1990	1991	1992	1993	1994	1995
1	50m Kraulbeinarbeit w	nein							
2	50m Kraulbeinarbeit m	nein							
3	50m Rücken w	ja	00:40						
4	50m Rücken m	ja	00:38						
5	100m Brust w	ja	01:35	01:40	01:45	01:50	01:55	02:00	02:00
6	100m Brust m	ja	01:28	01:35	01:40	01:45	01:50	01:55	01:55
7	200m Rücken w	ja	03:10	03:20	03:25	03:35	03:45	03:55	03:55
8	200m Rücken m	ja	02:55	03:10	03:20	03:30	03:40	03:50	03:50
9	200m Schmetter w	ja	03:05	03:40	03:50	03:55	04:10		
1	200m Schmetter m	ja	03:00	03:15	03:30	03:45	04:00		
1	200m Lagen w	nein							
1	200m Lagen m	nein							
2. Abschnitt									
1	100m Freistil w	nein							
1	100m Freistil m	nein							
1	100m Brust w	nein							
1	100m Brust m	nein							
1	50m Schmetter w	ja	00:39						
1	50m Schmetter m	ja	00:35						
1	100m Freistil w	ja	01:13	01:18	01:20	01:25	01:32	01:45	01:45
2	100m Freistil m	ja	01:05	01:13	01:16	01:20	01:30	01:40	01:40
2	200m Lagen w	ja	03:05	03:15	03:30	03:35	03:40	03:50	03:50

2	200m Lagen m	ja	02:55	03:05	03:15	03:25	03:35	03:45	03:45
2	4x200m Freistil w	nein							
2	4x200m Freistil m	nein							
2	400m Lagen w	ja	06:05	06:20	06:35	06:45	07:00		
2	400m Lagen m	ja	05:45	06:10	06:25	06:35	07:00		
2	800m Freistil w	ja	12:00						
2	1500m Freistil m	ja	22:30						

### Sonntag, 24.06.2007

#### 3. Abschnitt

2	100m	nein								Mehrkampf
3	100m	nein								Mehrkampf
3	100m Rücken w	nein								Mehrkampf
3	100m Rücken	nein								Mehrkampf
3	50m Freistil w	ja	00:							
3	50m Freistil m	ja	00:							
3	100m	ja	01:	01:35	01:40	01:50	02:00	02:10	02:10	
3	100m	ja	01:	01:25	01:35	01:45	01:55	02:05	02:05	
3	200m Brust w	ja	03:	03:30	03:35	03:40	03:50	04:00	04:00	
3	200m Brust m	ja	03:	03:25	03:35	03:40	03:50	04:00	04:00	
3	200m Freistil w	ja	02:	02:50	02:55	03:05	03:15	03:20	03:20	
4	200m Freistil m	ja	02:	02:35	02:45	02:55	03:10	03:15	03:15	
4	4x100m Freistil	nein								
4	4x100m Freistil	nein								
4	4x50m Freistil	ja								Staffeln nur für Masters
4	4x50m Freistil	ja								Staffeln nur für Masters
4	4x50m Freistil	ja								Staffeln nur für Masters

### Sonntag, 24.06.2007 4.

#### Abschnitt

46	50m Brustw	ja	00:45							
47	50m Brustm	ja	00:39							
48	100m Rückenw	ja	01:25	01:35	01:40	01:45	01:50	02:00	02:00	
49	100m Rückenm	ja	01:20	01:30	01:35	01:45	01:50	02:00	02:00	
50	400m Freistilw	nein								Mehrkampf
51	400m Freistilm	nein								Mehrkampf
52	400m Freistilw	ja	05:40	06:10	06:20	06:30	06:50	07:05	07:05	
53	400m Freistilm	ja	05:15	05:35	05:50	06:10	06:25	06:50	06:50	
54	4x100m Lagenw	nein								
55	4x100m Lagenm	nein								
56	4x50m Lagenw	ja								Staffeln nur für Masters
57	4x50m Lagenm	ja								Staffeln nur für Masters
	4x50m Lagen mix	ja								Staffeln nur für Masters

Age group division masters

For single competitions:

AK 20-24 years; AK 25-29 years etc. to AK 90 and older for relays:

100-119 years; 120-159 years; 160-199 years; 200-239 years; 240-279 years; 280-319 years; 320-359 years and 360 years and older. It is worth the whole age on 31.12.2006. Please, follow: The age to be given for the relays becomes after in accordance with. WB §152 paragraph 4 ascertained age in years and not after added age groups summarized.

21. Zelten/Blockhütten/Garderobe

There is the possibility in the outdoor swimming pool titmouse's home to camp free of charge.

Besides are available in restricted number of log cabins with showering and kitchen in immediate nearness to the outdoor swimming pool for a fee of 5.00 EUR per person. Inquiries or registrations are untimely or to direct absolutely at the latest the closing date during the day to Stefan Nerbas either by e-mail under ner.sch@net-art.de or by telephone under the telephone numbers 06703-304926 or 0160-91461520.

The overnight stay possibilities can be visited on the Internet at the address [www.kreisbadkreuznach.de](http://www.kreisbadkreuznach.de) and there under management of a circle / children and place Jugendliche/kreisjugendpflege/zelt Titmouse's home.

In the swimming-pool lockers exist for the clothes. For closure these fields a castle is to be brought.

Trier/Meisenheim, 15. November 2006  
Michael Lang  
Fachwart swimming